



Healings | Tarot | Past Life Regression Therapy

Feel free to ask for specific readings or healings – they are outlined below

Tarot:

The Tarot Deck are an incredibly special tool, and a traditional way of reading. It is a very structured way of having your questions answered. Tarot readings, like all spiritual readings, allows those who seek to delve into the realms of true spiritual understanding, not only the opportunity of personal spiritual growth, but an insight which may be used for helping others. I will also tune into your guides which enhances the reading and may continue past the Tarot Cards message to provide the connections, twists and turns that may unfold for you.

Past Life Regression Therapy:

Past life regression therapy (PLRT) is the process of using the memory of former lives for healing in this life. PLRT can aid you to become more confident and effective with your journey today. Exploring your past, to improve your future. I will tune in to your cellular story with spiritual guidance. This is where you describe your journey in your past life and I can help you understand this journey that you had once chosen, while releasing any karmic lessons that are of no value for you anymore. I can also move into a light channelling state and share what has been given by your spirit guide about your journey in your last life or eons ago. Both methods are used to get deep results that sometimes therapy cannot resolve. Download, from the link below, for more information.

Once you have booked, feel free to connect and ask specifically for past life regression.

Chakra & Meridians Balancing:

Chakras, Meridians, Aura and other energies in the body are collectively known as subtle energies of human and animal bodies. They interact with, and depend upon, the energy from the Earth and the Universe.

Chakras are spiritual energy centres located in our spiritual bodies that channels Universal Life force Energy or Qi/Ki both (In and Out) of our physical and spiritual selves. ...

Meridians are energy paths in the body in which Qi/Ki flows through.

I will work on your Chakra and Meridians to get your spirit and body aligned with the Earth and Universe in a peaceful session. All you need to do is sit back, as I work on you, giving you pockets of information about what I'm finding and doing to help you feel whole again.

Crystal Regeneration:

I use crystals to aid in the regeneration of your body. Our bodies are in a constant state of regeneration. Cells are created, and then when their utility is lost, they die. I work with you by providing the crystals that will help your body on a path of regeneration and using the energy of the crystal. At the time of consultation, I move the negative energy to allow the fibre of your being to regenerate by absorbing the crystal energy. The crystal/s you may need, are available for you to purchase and will come to you after being cleansed. I also undertake reiki on your crystal to give you the clearest most powerful path of regeneration.

Until the Pandemic diminishes, I will happily consult via Phone | Skype | Messenger | Zoom and send the crystal to you

Reiki and Seichem Healing:

Reiki & Seichem Healing are defined by a *Universal Energy, life-force, or vitality*. Reiki transmits the elemental energy of the Earth.

If you have received a Reiki healing before, you will have experienced a deep relaxing peace that saturates your entire body, mind and spirit. Reiki feels like a 'return to factory settings', restoring the parts of your 'self' and the putting of you back together, in a healthy way.

Reiki & Seichem is probably one of the most relaxing and calming treatments you can receive. It provides time and space for you to just stop, release stress and tension and to be gently nourished and nurtured.

What is Reiki?

Reiki is an ancient healing practice that was rediscovered by Dr Mikao Usui in Japan in the 1920's. Reiki is (pronounced Ray-Key)

What is Seichem Healing?

In 1980, Seichem healing was rediscovered by Patrick Ziegler in Giza, Egypt. Seichem (pronounced Say-keem) is said to be one of the healing arts practised in Egypt that transmits the elemental energies of Water, Fire, Air and Angelic Light of Spirit.

Reiki & Seichem Healing combines the earth energy of Reiki and the elemental energies of Seichem together to relax, revive and restore you, to get you back on track.

Private Meditation:

Let me melt away your stress by focusing on your body and mind to become deeply relaxed, this will create healthier living for you. I offer a distinctive guided meditation that is well-suited to all levels. I can take you on a journey that will capture and revive your inner wellness while providing you with deep relaxation. If you are wanting to see if private guided meditation could be good for you – feel free to join us online in the weekly group meditation. This could be a great way to feel the positivity of where a private meditation will take you. I always finish the meditation with a spiritual insight for you to guide your path forward.

My Final Thoughts

My guides are with me to bring the physical and spiritual worlds together, to impart truth and wholeness. Everyone has a Spirit Guide. Before you decided to reincarnate you chose who you wanted to be as yours. Throughout our life we can have many guides but, you have a main guide who has been with you since you were born. In essence, you already know your spirit guide very well from being in the realms with them or in another previous lifetime. They have guided you here.

You are on a path to being whole and reaching your potential by taking the time to visit my website. Make your choice of reading or healing and start closing the circle. This will complete your harmony with the world and your energies will be connected and fluid, giving you a healthy exchange with the Earth and the Universe. I look forward to meeting you.

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